



Sexual Assault & Abuse Support Service

Aylesbury Vale & Milton Keynes



FREE and CONFIDENTIAL Support for Male Survivors of Sexual Violence and Domestic Abuse in Buckinghamshire

We are here for you

Rape, Sexual Violence or Domestic Abuse can affect any male regardless of age, size or strength. Males believe that they are expected to be strong and be able to defend themselves and so may feel shame or blame themselves for the abuse. Sexual Violence and Abuse are always wrong, and the blame always sits with the Abuser.

We are here to support all male survivors aged 16 and above who have experienced any form of sexual violence or abuse at any time in their lives.

• *We Listen* • *We Believe* • *We Support*

Our services

We provide support to help reduce the impact of sexual violence and domestic abuse and to help you regain control of your life. Our highly trained specialist and dedicated team will work with you to create a support plan to meet your needs. Our male services include:

- **Telephone and email support** • **Helpline** • **Information, advice and guidance**
- **Specialist Counselling** • **ISVA referral** • **Advocacy**

Our commitment to you

We provide a safe place for you to be able to talk confidentially to one of our specialist team. Our services are free and non-judgmental, and we will listen, believe and support you, recognise you as an individual and treat you with respect and sensitivity.

Referrals or enquiries can be made through our confidential Helpline on

01296 719772

or email: support@avmksaass.org.uk or visit: avmksaass.org.uk

where you can fill out an online referral form



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